

City of Centralia Parks and Recreation

**Youth Athlete/Parent/Legal Guardian
Concussion and Sudden Cardiac Arrest Awareness Statement**

The City of Centralia Parks and Recreation Department believes participation in athletics improves physical fitness, coordination, self-discipline, and gives youth athletes valuable opportunities to learn important social and life skills.

With this in mind, it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/legal guardian or youth athlete, you play a vital role in protecting participants and helping them get the best from sports.

Athlete and parental education in this area is crucial, which is the reason for the Concussion Management and Sudden Cardiac Arrest Awareness information you received. Refer to it regularly.

This form must be signed annually by the parent/legal guardian and youth athlete prior to participation in athletics played on City of Centralia or Centralia School District premises. If you have questions regarding any of the information provided in the information sheets, please contact the City of Centralia Parks and Recreation Department.

**I HAVE RECEIVED, READ AND UNDERSTAND THE INFORMATION PRESENTED
IN THE CONCUSSION MANAGEMENT AND SUDDEN CARDIAC ARREST
AWARENESS SHEETS.**

_____ Youth-Athlete Name (Printed)	_____ Youth-Athlete Name (Signed)	_____ Date
_____ Parent/Legal Guardian (Printed)	_____ Parent/Legal Guardian Name (Signed)	_____ Date