



## ***Emergency Management***

When a major disaster strikes, you cannot rely on government to immediately respond to each and every need in the community. Experience has taught us that individuals need to be prepared to take care of themselves and their loved ones for at least three **and possibly up to five days** after a disaster strikes. The list below contains the items you should have available to you should a disaster strike. If you have questions, please contact City of Centralia Emergency Management at 360-330-7680, or Lewis County Emergency Management at 360-740-1151.

### **96 Hour Kit**

#### **Water:**

- 1-2 gallons of water per person, per day, should be stored for sanitation and drinking

#### **Food:**

- Extra food (dried meat, power bars, canned food, trail snacks)
- Camp stove, mess kits and other cooking equipment, can opener

#### **Light Sources:**

- Flashlight with batteries or windproof/waterproof matches
- Candle or light stick

#### **Tools:**

- Pocket knife
- Shovel
- Small hatchet or axe
- Crow bar
- Sledge hammer
- Adjustable wrench (to shut off natural gas)
- Sewing kit
- 50-foot nylon rope

#### **First Aid:**

- First aid kit and supplies
- Burn gel and dressings
- Radio with batteries, or radio with alternate power source
- Whistle with neck cord
- Personal comfort kit (such as soap, toothbrush, comb, tissue, sanitary napkins, razor)
- Garbage bags

#### **Extra Clothing:**

- Extra socks, underwear, hat, sturdy shoes, and gloves
- Wool-blend blanket or emergency reflective blanket
- Hand and body warm packs
- Poncho

#### **Money:**

- At least \$50 in small bills. Be sure to include quarters and dimes for phone calls

#### **Important Papers:**

- Copies of documents important to your family (such as birth certificates, marriage licenses, wills, insurance forms), phone numbers you might need, credit card information, insurance policy numbers
- Name and phone number of out-of-state contact person

#### **Additional Items:**

- Sun block, insect repellent, special medications, extra glasses
- Durable water resistant duffel bag, frame pack or day pack
- Stress reliever games, books, hard candy, inspirational reading.
- For children: small toys and favorite security items
- Household bleach and medicine dropper
- Local maps
- Pets – collar with identification, food in waterproof container, water, medications, photo, pet crate, and a toy