

# Centralia Prevention **COALITION**

## **Mission & Vision**

Our coalition leads community efforts to address the conditions that lead to youth substance use in Centralia, Washington. We believe that all children can succeed with support from caring adults.



## **Who are we?**

We are a passionate group of community volunteers working together to improve young lives by preventing drug misuse in Centralia, WA. The coalition started in 2018 with funding from Washington State Health Care Authority.

## **Who do we serve?**

We serve the Centralia School District. All our funding is for work in the district.

## **Why join us?**

Drinking and drug use can have negative effects on young people's achievement in school, ability to get a good job as an adult, and physical and mental health.

Reducing and preventing problems with alcohol and other drugs among adolescents is an important part of our moral obligation to care for our young people. Drugs harm young people. But we can prevent this from happening by working together!

# WHAT WE DO

## Empower adults to recognize signs of use and intervene

We offer our Parenting Pre-Teens Together series to connect and support parents and promote healthy youth development.



## Promote Youth Engagement

We financially support the Centralia Middle School Prevention Club and other free activities for kids.



## Support policies and programs that limit access to drugs

We host drug take back days, advocate for policy change, give out free medication lock boxes, and promote safe medication storage and disposal.



## Change Social Norms Through Awareness & Education

We work with True North to offer school-based intervention services and drug education classes at Centralia Middle School. We are developing a local messaging campaign for Centralia Middle School.



# BASICS OF COALITION MEMBERSHIP

**How do you join the coalition?** Attend monthly meetings on the 2<sup>nd</sup> Thursday of each month.

## **What do coalition members do?**

- Create flyers, recruit families for our parenting series, collect surveys, talk with legislators, review data, plan events, and much more!
- Develop coalition goals, set priority areas, and approve action plans, make decisions.
- Serve as community ambassadors – Tell people about us!

**What is the time commitment?** About 2-4 hrs. per month.

- Attend monthly meetings
- Help with projects or events, as able
- Participate in a workgroup, as able

## GET INVOLVED

**Who can get involved?** You can! The coalition is open to all Centralia community members, organizations, or businesses interested in promoting youth substance use prevention.

### **Join the Coalition**

Meetings are open to anyone in the Centralia community. Join the monthly meeting.

### **Follow us on Social Media**

**f** /thrivecentralia

**@**thrivecentralia

[www.centraliapreventioncoalition.org](http://www.centraliapreventioncoalition.org)

For more information or to get involved, contact Sara Bumgardner at (360) 520-6879 or [sara.bumgardner@lewiscountywa.gov](mailto:sara.bumgardner@lewiscountywa.gov)

