



Chief Robert Berg  
rberg@cityofcentralia.com



## Emergency Management

PO Box 609, Centralia, WA. 98531  
360.330.7680  
DEM@cityofcentralia.com



Chief Mike Kytta  
mkytta@riversidefire.net

When a major disaster strikes, you cannot rely on government to immediately respond to each and every need in the community. Experience has taught us that individuals need to prepare to take care of themselves and their loved ones for at least three, and possibly up to five days after a disaster strikes. The list below contains the items you should have available to you should a disaster strike. If you have questions, please contact City of Centralia Emergency Management or Lewis County Emergency Management.

### 96 Hour Kit

- **Water:**
  - 1-2 gallons of water per person, per day should be stored for sanitation and drinking.
- **Food:**
  - Dried meat, Power Bars, Canned food, trail snacks- Extra food - Camp stove Mess kits and other cooking equipment, can opener
- **Light Sources:**
  - Flashlight with batteries or
  - Windproof/waterproof matches
  - Candle or
  - Light stick
- **Tools:**
  - Pocket knife
  - Shovel
  - Small Hatchet or Axe
  - Crow bar
  - Sledge hammer
  - Adjustable wrench (to shut off natural gas)
  - Sewing kit
  - 50-foot nylon rope
- **First Aid:**
  - First aid kit and supplies
  - Burn gel and dressings
- **Communications:**
  - Radio with batteries or radio with alternate power sources
  - Whistle with neck cord
  - Personal Sanitation
  - Personal comfort kit (include soap, toothbrush and gel, comb, tissue, sanitary napkins, razor), and other needed items
  - Garbage bags
- **Extra Clothing:**
  - Include extra socks, underwear, hat, sturdy shoes, and gloves
  - Wool-blend blanket or
  - Emergency reflective blanket
  - Hand and body warm packs
  - Poncho
- **Money:**
  - At least \$50 in small bills in your kit. Be sure to include quarters and dimes for phone calls
- **Important Papers:**
  - Copies of documents important to your family (such as birth certificates, marriage licenses, wills, insurance forms), phone numbers you might need, credit card information, insurance policy numbers
  - Name and phone number of out-of-state contact person
- **Additional Items** - Sun block - Insect repellent, Special medication, extra glasses- Portable Container - Durable water resistant duffel bag, frame pack or day pack
- Stress Relievers Games, books, hard candy, inspirational reading. For children: small toys, paper and pen, favorite security items
- Household bleach and medicine dropper
- Local maps
- **Pets** – collar with identification, food in waterproof container, water, medications, photo, pet crate, and a toy

(Revised 06/14)